

Useful information for children, schools and parents during the Coronavirus outbreak

Health and hygiene information

Public Health England resources about stopping spreading germs for different ages
<https://campaignresources.phe.gov.uk/schools>

Coronavirus video by the World Health Organisation (for older children)
<https://www.youtube.com/watch?v=mOV1aBVYKGA&feature=youtu.be>

Sensory Integration network – handwashing tips for people with sensory difficulties
<https://www.sensoryintegration.org.uk/News/8821506>

OCD UK - OCD and Coronavirus Survival Tips
<https://www.ocduk.org/ocd-and-coronavirus-survival-tips/>

Online and visual resources to explain Coronavirus to children and young people

BBC Newsround – various articles and videos
<https://www.bbc.co.uk/newsround/51204456>
<https://www.bbc.co.uk/newsround/13865002>
<https://www.bbc.co.uk/newsround/51861089>
<https://www.bbc.co.uk/news/uk-51734855>
<https://www.bbc.co.uk/news/uk-51936286>

ELSA support - Coronavirus Story for children (nice visual booklet) <https://www.elsa-support.co.uk/coronavirus-story-for-children/>

Mindheart – Covid19 cartoon booklet in various languages <https://www.mindheart.co/descargables>

Brainpop video and resources on the Coronavirus for Years 3-7
<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Just For Kids: A Comic Exploring The New Coronavirus
<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?fbclid=IwAR2tSd9NsNUgjKRjRWefXlzLE6jf-v2l3qpCzO-zRilWFsFyqse96Qldsk&t=1583445670574&t=1583447741117&t=1583785641566>

Live science – The ultimate kids' guide to the new coronavirus
<https://www.livescience.com/coronavirus-kids-guide.html>

Young Minds – what to do if you're anxious about Coronavirus
<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/>

Resources regarding Coronavirus for those with additional needs

Autism Focused Intervention Resources & Modules (AFIRM) - Supporting Individuals with Autism through Uncertain Times resources <https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times>

Lots of visual resources regarding Covid19 for those with learning needs on Smore
https://www.smore.com/udqm2-covid-19-preparedness?fbclid=IwAR1fwfQSTZjoX3DsNZ3rXbfwRLNriXlft4wTUJGTIO1gGuGCHXC1INd_eWQ

Roddensvale School – a Social Story about Coronavirus
<https://www.facebook.com/487644451375099/posts/1630632433742956/>

The Autism educator – Coronavirus Social story https://theautismeducator.ie/2020/03/11/coronavirus-social-story/?fbclid=IwAR0W1EJQ0FUjDGwzP_jUoiJ0l1LI71rJyZbmYBqflhph6ualgSo7ES39E9Q

Little Puddins: The Autism Educator – Coronavirus Social Story <https://littlepuddins.ie/coronavirus-social-story/>

Carol Gray – Social Story about Coronavirus <https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

Easterseals (Autism Illinois Partnership) – Coronavirus storybook https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html?fbclid=IwAR3qR6ELv56YZ6x-L9S6xune_NuG5SGgMbcJ3H1dzcoSPipAhntWEyNnJoE

Ian Bean - school closure Social Story <https://www.ianbean.co.uk/Downloads/SchoolClosure.pdf>

Mencap – Easy read leaflet about Coronavirus for those with learning disability <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20UPDATED%20130320%20SD%20editsAH.pdf>

Information for parents and schools for talking to children about Coronavirus

British Psychological Society – advice: Talking to children about Coronavirus <https://www.bps.org.uk/sites/www.bps.org.uk/files/Policy/Policy%20-%20Files/Talking%20to%20children%20about%20Coronavirus.pdf>

National Association of School Psychologists – Talking to Children About COVID-19 (Coronavirus): A Parent Resource [https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Child Mind Institute - Talking to Kids About the Coronavirus <https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

World Health Organisation - Helping children cope with stress during the Covid19 outbreak https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2

Doncaster educational Psychology Service - Guides for parents and carers to support children and young people around any anxiety/worries they may have about Coronavirus <https://www.doncaster.gov.uk/services/schools/local-offer-send>

Place2be - Coronavirus: Helpful information to answer questions from children <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

Unicef – How teachers can talk to children about Coronavirus <https://www.unicef.org/coronavirus/how-teachers-can-talk-children-about-coronavirus-disease-covid-19>

Unicef – How to talk to your child about Coronavirus <https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19>

Save the Children – 7 simple tips on how to talk to kids about Coronavirus <https://www.savethechildren.org.uk/how-you-can-help/emergencies/coronavirus-uk-outbreak-facts#coronavirus>

Aha! Parenting - What to Say To Your Child About the Coronavirus -- and How To Cope As a Parent <https://www.ahaparenting.com/blog/talking-with-children-about-the-corona-virus>

Hand in Hand Parenting - Talking to your Child about Coronavirus

https://www.handinhandparenting.org/2020/03/talking-to-your-child-about-coronavirus/?inf_contact_key=56c55f381a0a9e9e797fc55404aa88c9cc0558ed5d4c28cbfab114022b1ec50d

How to Talk to Kids and Teens About World Trauma <https://www.heysigmund.com/how-to-talk-to-kids-and-teens-about-world-trauma/>

How to Strengthen Children & Teens Against Anxiety After News of a World Trauma <https://www.heysigmund.com/anxiety-in-children-after-world-trauma/>

Books for children and young people to help manage feelings

Something Bad Happened: A Kid's Guide to Coping with events in the News - How to process different world events (ages 6-12) - Dawn Huebner <https://www.amazon.co.uk/Something-Bad-Happened-Coping-Events/dp/1787750744>

The Day the Sea Went Out and Never Came Back (helping children with feelings) - A story for children who have lost someone they love (ages 4-12) - Margot Sunderland https://www.amazon.co.uk/Day-Went-Never-Came-Back/dp/0863884636/ref=sr_1_1?dchild=1&keywords=The+Day+the+Sea+Went+Out+and+Never+Came+Back&qid=1584729042&s=books&sr=1-1

What To Do When You're Scared & Worried: A Guide for Kids - A help guide to processing fears and worries (ages 9-13) -- James Crist <https://www.amazon.com/What-When-Youre-Scared-Worried/dp/1575421534>

A Terrible Thing Happened - Margaret Holmes. A story for children who have witnessed trauma (ages 4-8) https://www.amazon.co.uk/Terrible-Thing-Happened-Margaret-Holmes/dp/1557987017/ref=sr_1_1?dchild=1&keywords=A+Terrible+Thing+Happened+Margaret+Holmes.&qid=1584729575&s=books&sr=1-1

Resources for children at home

Information for parents on managing self-isolation and home education for children and young people

3P Psychologies – Survival tips for parents: 10 activities for home <https://3ppsychoologies.com/2020/03/13/resources-48-covid-19-survival-tips-for-parents-10-activities-for-home/>

The Bright Stuff: Playful Ways to Nurture Your Child's Extraordinary Mind by CJ Simister https://www.amazon.co.uk/Bright-Stuff-Playful-Nurture-Extraordinary/dp/0273728172/ref=sr_1_fkmr0_1?dchild=1&keywords=How+to+nurture+your+child+%27s+extraordinary+mind+by+C+J+Simister&qid=1584569061&s=books&sr=1-1-fkmr0

Ash Field Academy - Home Learning Suggestions for parents or carers of pupils with PMLD <https://primarysite-prod-sorted.s3.amazonaws.com/ash-field-academy/UploadedDocument/92a358817cd1467aa98a6f9f4e433dda/home-learning-guide-for-pml-d-pupils.pdf>

Inclusive Teach - sensory learning activities <https://inclusiveteach.com/2019/05/13/the-a-z-of-sensory-learning-activities/>

The Sensory project – comprehensive list of links to resources – lots of sensory and educational resource links <http://www.thesensoryprojects.co.uk/covid19-resources>

Do2learn – resource site with visuals and resources for children with additional needs
<https://do2learn.com/>

General educational resource sites

Twinkl educational resource website is offering a month of free access to parents www.twinkl.co.uk

IXL – a variety of learning activities <https://uk.ixl.com/>

BBC bite-size – a range of resources, games and ideas <https://www.bbc.co.uk/bitesize>

Futurelearn – free courses (pay only if you need certificates) <https://www.futurelearn.com>

iDEA Awards - Digital enterprise award scheme that can be completed online <https://idea.org.uk>.

Paw Print Badges - Free challenge packs and other downloads. Many activities can be completed indoors. Badges cost but are optional <https://www.pawprintbadges.co.uk>

Oxford Owl for Home – free learning resources for primary age <https://www.oxfordowl.co.uk/for-home/>

National Geographic Kids - Activities and quizzes for younger kids <https://www.natgeokids.com/uk/>

Daily home school learning activities by a deputy principal <https://juliannedevlin.com/>

TTS - free educational resources/downloads during the Coronavirus shutdown https://www.tts-group.co.uk/home+learning+activities.html?utm_source=facebook&utm_medium=wallpost&utm_campaign=TTSParentpackpost&utm_content=nowlive

Hope education – Early Years and primary resources <https://www.hope-education.co.uk/home-learning>

Hamilton – home learning packs for primary age English and maths <https://www.hamilton-trust.org.uk/blog/learning-home-packs/>

Teacher's Pet – some free home learning resource packs for primary and early years
<https://tpet.co.uk/tpet-news/how-to-create-your-free-account-and-download-our-free-home-learning-resource-packs/>

Classroom secrets – free resources for during school closures <https://classroomsecrets.co.uk/>

Scholastic home learning packs:

KS1 <https://resource-bank.scholastic.co.uk/resources/439121>

Lower KS2: <https://resource-bank.scholastic.co.uk/resources/439120>

Upper KS2: <https://resource-bank.scholastic.co.uk/resources/439108>

Early Years

Empowering Little Minds https://www.empoweringlittleminds.co.uk/resources-1?fbclid=IwAR2AInVCXXW_ZMOg4I3XdynIze8fEwmRnUXe2b8i1rivmM17eSb1D9RpCuc

Scholastic free home learning resource pack https://resource-bank.scholastic.co.uk/resources/439122?fbclid=IwAR3PFIZtMjbXPGwnCgSHUzvHsP8kbCd2UF_j7P1kCpAjVBd6bJ1gnAvmgUA

BBC teach – early years teaching resources <https://www.bbc.co.uk/teach/early-years-teaching-resources/zhhf92p>

Growing Hands on Kids - pre writing activities <https://www.growinghandsonkids.com/basics-pre-writing-activities-skills-kids>

Liz's early learning spot – pre writing skills <https://www.lizs-early-learning-spot.com/pre-writing-skills-essential-for-early-learners/>

Hungry Little Minds – activities for 0 to pre school age
<https://hungrylittleminds.campaign.gov.uk/#3>

Five minute mum – short fun learning activities for children aged 0-5 to do at home
<https://fiveminutemum.com/>

Video/TV resources

Ted Ed – various educational videos <https://ed.ted.com>

Crash Course – YouTube videos on a range of subjects <https://thecrashcourse.com>

Crash Course Kids – YouTube videos for younger kids <https://m.youtube.com/user/crashcoursekids>

The Kids Should See This – a range of educational videos <https://thekidsshouldseethis.com>

Homeschool hideout – list of educational TV shows on Netflix
<https://homeschoolhideout.com/educational-shows-on-netflix/?fbclid=IwAR1t8RBHVj12xvw9lhNcli6BAVBPIU-RCdcTyMefmX32aGTyJYYizEb9jc>

Literacy and languages

National Literacy Trust – literacy activities <https://literacytrust.org.uk/family-zone/>

Teach Your Monster to Read – reading app for young children with some free resources available
<https://www.teachyourmonstertoread.com/>

Storyline – stories read by various celebrities etc. <https://www.storylineonline.net/>

World Books – free access to ebooks and audiobooks
<https://worldbook.kitaboo.com/reader/worldbook/index.html?usertoken=Mjk5MzQ6MTpUjA5MjAxNjoyOmNsaWVudDE2OTc6MTY5NzoyMjE2Mjg4OjE6MTU4NDM4MDEzMzA2Mj1cw==>

Cbeebies Radio – listening activities for younger children
<https://www.bbc.co.uk/cbeebies/radio>

Duolingo – app for learning languages <https://www.duolingo.com>

British Sign Language – free and discounted courses https://british-sign.zendesk.com/hc/en-us/articles/360044794654?fbclid=IwAR16kOuxh932FaX9U3bSXcZYmWRUM10D0W31MI1IEs7XbKIKfqT-4X_DsM4

Kaligo – free handwriting site trial <https://www.kaligo-apps.com/kaligo-practice/>

Maths resource sites and ideas

My home school maths <https://www.myhomeschoolmath.com/visualperception.html>

Maths dictionary <http://www.amathsdictionaryforkids.com/>

10 ticks <https://www.10ticks.co.uk/>

Dr frost maths <https://www.drfrostmaths.com/>

Khan Academy <https://www.khanacademy.org>

Prodigy <https://www.prodigygame.com>

Science

Mystery Science - Free science lessons <https://mysteryscience.com>

Crest Awards - Science awards you can complete from home <https://www.crestawards.org>.

Nature Detectives <https://naturedetectives.woodlandtrust.org.uk/naturedetectives/>

ICT

Blockly - Learn computer programming skills for free <https://blockly.games>.

Scratch - Creative computer programming <https://scratch.mit.edu/explore/projects/games/>

Humanities

Big History Project – various activities for secondary age
<https://www.bighistoryproject.com/home>

Geography Games
<https://world-geography-games.com/world.html>

Natre – RE resources
http://www.natre.org.uk/about-natre/free-resources-for-you-and-your-pupils/?utm_source=emailmarketing&utm_medium=email&utm_campaign=free_home_learning_resources_for_you_and_your_pupils&utm_content=2020-03-20

World Geography games
<https://world-geography-games.com/world.html>

Music websites and activities

Chrome Music Lab <https://musiclab.chromeexperiments.com/Experiments?fbclid=IwAR29pPvm4-GWDHwMLG2vz3qoCE1ZplwNyKdQjZGclb6DrNPoiEZuvkDkyh8>

Google Experiments Creatability
https://experiments.withgoogle.com/collection/creatability?fbclid=IwAR2Rc38OIrregQPbXrHsuhO-Au403262Fy_ZpVBYVNJ770pfWNkS4CacfS_w

Learning music
<https://learningmusic.ableton.com/?fbclid=IwAR2iMzZOKJqwoQBLVfolLwMi7qmKinurMY26aabsD2ZUn7apPi8163pXjYM>

Sounds of Intent
<http://soundsofintent.org/?fbclid=IwAR0A6no5wAlqhPHs9gWilSPtq41JdLje2sH88Tb9PmsRuO-Irm-gSn9cgec>

Arts and creative activities

Access Art <https://www.accessart.org.uk/art-resources-for-home/>

Tinkercad – various creative activities <https://www.tinkercad.com>

The Artful Parent <https://www.facebook.com/artfulparent/>

Red Ted Art – arts and crafts for young children <https://www.redtedart.com>

The Imagination Tree – creative art and craft activities for young children

<https://theimaginationtree.com>

Lego online engineering classes https://outschool.com/classes/lego-engineering-pop-up-workshop-xcP8amOy?fbclid=IwAR3OFUtG_ula130POFUrblFlv7GOjFOPHzkzkYhrbChrqNjl0wxXcvS9VY0#abk7ys4fh5

Games

Toy Theater – online educational games <https://toytheater.com/>

DK Find Out – activities and quizzes

<https://www.dkfindout.com/uk/?fbclid=IwAR2wJdpSJSelTf4do6aPhff8A3tAktmpaxqZbkgudD49I71ep8-sjXmrac>

Playworks – pencil and paper activities and games <https://www.playworks.org/resource/fun-paper-and-pencil-games-to-play/>

Physical and emotional

The Bodycoach – 5 minute physical activities aimed mainly at KS1

<https://www.youtube.com/watch?v=d3LPrhl0v-w&feature=youtu.be>

Free mindfulness colouring - <https://diaryofajournalplanner.com/free-mindfulness-colouring-sheets/>

Mindfulness games cards

<http://www.unm.edu/~unmvclib/gamification/cards/mindfulgamescards.pdf>

Cosmic Kids – yoga

https://www.youtube.com/watch?v=LhYtcadR9nw&feature=youtu.be&fbclid=IwAR0LQBP5_6IYZsfpHROWUUVrcafgZjCVA-KixmLBtQ7XxWrRap3bxTBHEI

Information compiled by Dawn Menzies (Aspects Psychology) from various sources with thanks, especially including:

- Tim Conroy-Stocker (Educational Psychologist)
- Dan O'Hare at Edpsy.org.uk <https://edpsy.org.uk/>
- Southend Educational Psychology Service <http://www.southendlearningnetwork.co.uk/educationalpsychology>
- Jean Parnell <https://www.facebook.com/jean.worsley/posts/10156608078391076>
- Support Services for Education <http://www.supportservicesforeducation.co.uk/Services/3242>
- The Sensory Projects <http://www.thesensoryprojects.co.uk/home>

Dr. Dawn Menzies
Educational and Child Psychologist
Aspects Psychology and Consultancy
Email: dawn.menzies@aspects-psychology.co.uk

Member of www.link.coop
LINK  **PSYCHOLOGY**
CO-OPERATIVE